

2023

27TH ANNUAL FRIENDSHIP TOURNAMENT

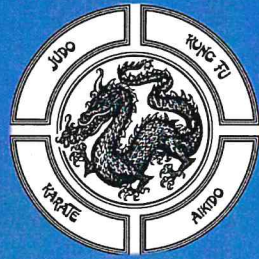
Saturday, June 17th 2023

PRE-REGISTRATION ENDS: JUNE 10TH

PROMOTERS: ALLAN & JENNIFER VIERNES

8am: Flag Sparring
9:30am: Opening Ceremonies - Followed By
Weapons | Katas | Sparring

For more info visit:
www.ippone.com



Jukado
Family Martial Arts
& Fitness Center

**Thank You for
your support of
the Friendship
Tournament!!**

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Tournament Rules

Full uniforms must be worn. Gi pants must be worn with appropriate Gi jackets!

All competitors must wear the following gear:

Flag Sparring

Mouth Piece

*Headgear

Kumite

Mouth Piece

*Headgear

Males – Cup

*Hand Protectors

Shin guards (optional) Chest Protector (Optional)

*Foot Guards

*Mandatory Foam Dipped Gear

Ringstar Footgear is acceptable!

Colored Belts:

Kumite - matches will be 3 points with no time limit.

Flag Sparring – 1-minute time limit. Each time out of bounds loose 1 flag. No kicking, punching, bear hugging. Falling on the ground results in losing 1 flag.

Black Belts:

Kumite – matches will be 5 points with no time limit.

Once byes are issued, no late entries will be allowed. This rule will be strictly enforced!

Scoring:

Light contact to padded area of headgear, face shield and chest target area

No striking to groin

No striking to knees

No head butts

No kidney shots

No foot sweeps

No contact to face

Single elimination for Kumite and Flag Sparring

Any questions regarding the Tournament or rules, please call Doshu Allan Viernes at (207) 854 9408.

Tournament Directions

GPS - 215 Narragansett Street, Gorham, ME 04038

FROM NORTH/SOUTH I-95

TAKE EXIT 47 - WESTBROOK (formally exit 7B)

ONCE OFF THE TURNPIKE, TAKE LEFT AT FIRST TRAFFIC LIGHT TOWARDS WESTBROOK. (Route 25 West)

AT NEXT TRAFFIC LIGHT, PROCEED STRAIGHT.

AT NEXT TRAFFIC LIGHT, TAKE A LEFT. THIS IS ROUTE 25 BYPASS.

PROCEED STRAIGHT ALL THE WAY INTO THE CENTER OF GORHAM ON ROUTE 25 WEST (APROX. 5 MILES) - CUMERBLAND FARMS WILL BE ON YOUR LEFT.

GO STRAIGHT THROUGH ROUTE 25 AND 114 - AMATO'S ON YOUR LEFT.

1-10TH MILE ON YOUR LEFT, TURN ONTO NARRAGANSETT STREET.

TRAVEL TO ROTARY, AT ROTARY TAKE 2ND EXIT.

GORHAM SPORTS CENTER WILL BE ON YOUR RIGHT.

GOOD JOB! YOU'RE HERE, HAVE A GREAT DAY!
***THERE WILL BE SIGNS DIRECTING YOU FROM EXIT 47 TO THE**
GORHAM SPORTS CENTER*

27th Annual Friendship Tournament Black Belt Registration Form

Saturday June 17th, 2023 ~ Gorham Sports Center, Gorham, Maine

Name _____ Age _____ Sex _____
 Address _____ City _____ State _____
 Zip Code _____ Phone _____ Martial Arts Rank _____
 Instructors Name _____ Martial Arts School Name _____

For Pre-Registration* send \$55.00 (up to 3 events) before **June 10, 2023!** Registration after June 10, 2023 and at the door will be \$65.00 (up to 3 events). **Send payments to:**

Jukado Inc., P.O. Box 517, Westbrook, Maine 04098

For more information please call: **207-415-4086**

* All forms sent in the mail must be post marked June 10, 2023 or before to qualify for discount.

Adult Black Belt Divisions (18 years old & up) Some Adult Divisions may start at 9:00am!	Junior Black Belt Divisions (17 years old & under)
<input type="checkbox"/> Weapons – 18 to 29 year old Men <input type="checkbox"/> Weapons – 18 to 29 year old Women <input type="checkbox"/> Weapons – 30 to 39 year old Men <input type="checkbox"/> Weapons – 30 to 39 year old Women <input type="checkbox"/> Weapons – 40 to 49 Men <input type="checkbox"/> Weapons – 40 to 49 Women <input type="checkbox"/> Weapons – 50 to 59 Men <input type="checkbox"/> Weapons – 50 to 59 Women <input type="checkbox"/> Weapons – 60 & Up Men <input type="checkbox"/> Weapons – 60 & Up Women <input type="checkbox"/> Kata – 18 to 29 year old Men <input type="checkbox"/> Kata – 18 to 29 year old Women <input type="checkbox"/> Kata – 30 to 39 year old Men <input type="checkbox"/> Kata – 30 to 39 year old Women <input type="checkbox"/> Kata – 40 to 49 year old Men <input type="checkbox"/> Kata – 40 to 49 year old Women <input type="checkbox"/> Kata – 50 & Up Men <input type="checkbox"/> Kata – 50 & Up Women <input type="checkbox"/> Kata – 60 & Up Men <input type="checkbox"/> Kata – 60 & Up Women <input type="checkbox"/> Kumite – 18 to 29 year old Men <input type="checkbox"/> Kumite – 30 to 39 year old Men <input type="checkbox"/> Kumite – 40 to 49 year old Men <input type="checkbox"/> Kumite – 50 to 59 Men <input type="checkbox"/> Kumite – 60 & Up Men <input type="checkbox"/> Kumite – 18 to 29 year old Women <input type="checkbox"/> Kumite – 30 to 39 year old Women <input type="checkbox"/> Kumite – 40 to 49 year old Women <input type="checkbox"/> Kumite – 50 to 59 Women <input type="checkbox"/> Kumite – 60 & Up Women	<input type="checkbox"/> Weapons – 12 year old & under Boys <input type="checkbox"/> Weapons – 12 year old & under Girls <input type="checkbox"/> Weapons – 13 to 15 year old Boys <input type="checkbox"/> Weapons – 13 to 15 year old Girls <input type="checkbox"/> Weapons – 16 to 17 year old Boys <input type="checkbox"/> Weapons – 16 to 17 year old Girls <input type="checkbox"/> Kata – 12 year old & under Boys <input type="checkbox"/> Kata – 12 year old & under Girls <input type="checkbox"/> kata – 13 to 15 year old Boys <input type="checkbox"/> kata – 13 to 15 year old Girls <input type="checkbox"/> Kata – 16 to 17 year old Boys <input type="checkbox"/> Kata – 16 to 17 year old Girls <input type="checkbox"/> Kumite – 9 year old & under Boys <input type="checkbox"/> Kumite – 9 year old & under Girls <input type="checkbox"/> Kumite – 10 to 12 year old Boys <input type="checkbox"/> Kumite – 10 to 12 year old Girls <input type="checkbox"/> Kumite – 13 to 15 year old Boys <input type="checkbox"/> Kumite – 13 to 15 year old Girls <input type="checkbox"/> Kumite – 16 to 17 year old Boys <input type="checkbox"/> Kumite – 16 to 17 year old Girls <input type="checkbox"/> Physically Challenged Kata/Weapons/Kumite – All Ages – Co-Ed

☐ Any Black Belts interested in officiating, please check this box. There will be a Black Belt / Officials meeting prior to the start of the tournament. We would like to have as many different styles of Black Belts judging as possible. **All judges must be in complete Gi uniform.**

Friendship Tournament Liability and Release Form

I, the undersigned, agree to and understand that Allan L. Viernes, Jennifer L. Viernes, Jukado INC., and The Greater Portland School of Jukado will exercise their rights and the rights of all those involved, to prevent or to further prevent participation to any individual, club or organization that is or may be disruptive to the smooth functioning of this tournament. I also understand that any and all entry fees are non-refundable. I agree that I am competing at my or my legal guardians own risk and I (we) will not hold Allan L. Viernes, Jukado INC., The Greater Portland School of Jukado, Gorham Sports Center, I.P.P.O.N.E., S.M.A.R.T., any persons / volunteers associated with the running of this tournament, Tournament Sponsors or any of their members or employees liable for any injuries or losses sustained during or as a result of this tournament. It is further understood that any medical treatment I may receive at this tournament will be of First Aid only. I (we) state that I am of healthy body and mind. I (we) waive any reimbursement for any pictures and / or videos that may be taken of me for promotional use. By signing this form, I (we) have read and fully understand all tournament rules and will abide by them.

Date _____ Signed _____
 (Signature of competitor) (If under 18 - Signature of parent or legal guardian)

 Email address (to receive next years registration form)

27th Annual Friendship Tournament Colored Belt Registration Form

Saturday June 17th, 2023 ~ Gorham Sports Center, Gorham, Maine

Name _____ Age _____ Sex _____
 Address _____ City _____ State _____
 Zip Code _____ Phone _____ Martial Arts Rank _____
 Instructors Name _____ Martial Arts School Name _____

For Pre-Registration* send \$55.00 (up to 3 events) before **June 10, 2023!** Registration after June 10, 2023 and at the door will be \$65.00 (up to 3 events).

Send payments to:

Jukado Inc., P.O. Box 517, Westbrook, ME 04098

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Circle One	Kumite	Kata	Colored Belt Divisions (Forms & Fighting)	Co – Ed Colored Belt Divisions Starts @ 8:00am Sharp!
F / M	<input type="checkbox"/>	<input type="checkbox"/>	5 & under (All Ranks)	<input type="checkbox"/> Flag Sparring – 4 to 6 year olds – white, yellow, orange
F / M	<input type="checkbox"/>	<input type="checkbox"/>	6 – 7 white, yellow, orange	<input type="checkbox"/> Flag Sparring – 4 to 6 year olds – blue, green, purple
F / M	<input type="checkbox"/>	<input type="checkbox"/>	6 – 7 blue, green , purple	<input type="checkbox"/> Flag Sparring – 7 to 9 year olds – white, yellow, orange
F / M	<input type="checkbox"/>	<input type="checkbox"/>	6 – 7 red, brown	<input type="checkbox"/> Flag Sparring – 7 to 9 year olds – blue, green, purple
F / M	<input type="checkbox"/>	<input type="checkbox"/>	8 – 9 white, yellow, orange	<input type="checkbox"/> Flag Sparring – 10 to 12 year olds – white, yellow, orange
F / M	<input type="checkbox"/>	<input type="checkbox"/>	8 – 9 blue, green, purple	<input type="checkbox"/> Flag Sparring – 10 to 12 year olds – blue, green, purple
F / M	<input type="checkbox"/>	<input type="checkbox"/>	8 – 9 red, brown	
F / M	<input type="checkbox"/>	<input type="checkbox"/>	10 – 11 white, yellow, orange	<u>Weapon's (Intermediate level & above)</u>
F / M	<input type="checkbox"/>	<input type="checkbox"/>	10 – 11 blue, green ; purple	<input type="checkbox"/> Boy's 7 & under
F / M	<input type="checkbox"/>	<input type="checkbox"/>	10 – 11 red, brown	<input type="checkbox"/> Girl's 7 & under
F / M	<input type="checkbox"/>	<input type="checkbox"/>	12 – 13 white, yellow, orange	<input type="checkbox"/> Boy's 8-9
F / M	<input type="checkbox"/>	<input type="checkbox"/>	12 – 13 blue, green, purple	<input type="checkbox"/> Girl's 8-9
F / M	<input type="checkbox"/>	<input type="checkbox"/>	12 – 13 red, brown	<input type="checkbox"/> Boy's 10-11
F / M	<input type="checkbox"/>	<input type="checkbox"/>	14 – 15 white, yellow, orange	<input type="checkbox"/> Girl's 10-11
F / M	<input type="checkbox"/>	<input type="checkbox"/>	14 – 15 blue, green, purple	<input type="checkbox"/> Boy's 12-13
F / M	<input type="checkbox"/>	<input type="checkbox"/>	14 – 15 red, brown	<input type="checkbox"/> Girl's 12-13
F / M	<input type="checkbox"/>	<input type="checkbox"/>	16 – 17 white, yellow, orange	<input type="checkbox"/> Boy's 14-15
F / M	<input type="checkbox"/>	<input type="checkbox"/>	16 – 17 blue, green, purple	<input type="checkbox"/> Girl's 14-15
F / M	<input type="checkbox"/>	<input type="checkbox"/>	16 – 17 red, brown	<input type="checkbox"/> Boy's 16-17
F / M	<input type="checkbox"/>	<input type="checkbox"/>	18 to 29 years old – white, yellow, orange	<input type="checkbox"/> Girl's 16-17
F / M	<input type="checkbox"/>	<input type="checkbox"/>	18 to 29 years old – blue, green, purple	<input type="checkbox"/> Adult Male 18-29
F / M	<input type="checkbox"/>	<input type="checkbox"/>	18 to 29 years old – red, brown	<input type="checkbox"/> Adult Female 18 -29
F / M	<input type="checkbox"/>	<input type="checkbox"/>	30 to 39 years old – white, yellow, orange	<input type="checkbox"/> Adult Male 30-39
F / M	<input type="checkbox"/>	<input type="checkbox"/>	30 to 39 years old – blue, green, purple	<input type="checkbox"/> Adult Female 30-39
F / M	<input type="checkbox"/>	<input type="checkbox"/>	30 to 39 years old – red, brown	<input type="checkbox"/> Adult Male 40-49
F / M	<input type="checkbox"/>	<input type="checkbox"/>	40 to 49 – white, yellow, orange	<input type="checkbox"/> Adult Female 40 -49
F / M	<input type="checkbox"/>	<input type="checkbox"/>	40 to 49 –blue, green, purple	<input type="checkbox"/> Adult Male 50 & up
F / M	<input type="checkbox"/>	<input type="checkbox"/>	40 to 49- red, brown	<input type="checkbox"/> Adult Female 50 & up
F / M	<input type="checkbox"/>	<input type="checkbox"/>	50 & up – All Ranks	<input type="checkbox"/> Physically Challenged – All Ages/ All Ranks

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Date _____ Signed _____
 (Signature of competitor)

Date _____ Signed _____
 (if under 18 - Signature of parent or legal guardian)

 Email address (to receive next years registration form)

Tournament Hotels

SUPER 8 OF WESTBROOK

208 Larrabee Road, Westbrook, Maine 04092
(207) 854-1881

Exit 48, proceed through the tolls, we are the second driveway on the right!

- Only 4 1/2 miles from Tournament location!
- Included in our rate is a Super Start Breakfast-fresh baked muffins, boiled eggs and much more each morning!
- Newly Renovated Rooms
- Indoor Swimming Pool and hot tub!
- Fax and copy service
- HBO, local calls and wireless internet
- Above all, the BEST customer service in town!

HAMPTON INN AIRPORT HOTEL

171 Philbrook Avenue
South Portland, ME 04106
(207) 773-4400

The Super 8 of Westbrook & the Hampton Inn Airport are pleased to offer a Special Rate to participants of the 27th Annual Friendship Tournament:

Super 8 Motel - \$179

Hampton Inn - \$199

*Plus 7% Maine State Sales Tax,

This rate will be based on availability. After that all rooms will be offered at our best available rate.

Rooms will be held till June 1st for Special Rate.

Call reservations today at 207-854-1881 or 207-773-4400 and ask for the Friendship Tournament / Greater Portland School of Jukado Rate

Tournament Party

This years tournament party is held at

Stockhouse Restaurant & Sports Pub in Westbrook!

Address: 506 Main St, Westbrook, ME 04092

Time: 6:00pm-9:00pm

Party DJ: Carlton Grover

Everyone is invited!!

There will be a full menu to order from and many drink specials!
Come and enjoy the fun!

