

***No Spectator Fee!***

***Flag Sparring!***

IN LIEU OF A SPECTATOR FEE WE ARE  
ACCEPTING DONATIONS FOR OUR LOCAL  
ANIMAL REFUGE LEAGUE

25TH ANNUAL  
**PINE TREE  
CHAMPIONSHIP**

FOR MORE INFORMATION CONTACT  
PINE TREE TKD  
PINETREEKICKERS@GMAIL.COM

***September 9th, 2023***

***Freeport, Maine***



# PINE TREE CHAMPIONSHIP

## FREEPORT HIGH SCHOOL, FREEPORT, ME

### SATURDAY, SEPTEMBER 9TH, 2023



Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ Rank \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_

School Name \_\_\_\_\_ Instructor \_\_\_\_\_

Preregistration - \$55.00 all events  
 Day of tournament - \$65.00 all events

Make checks payable to: Pine Tree TKD  
 Mail to: Pine Tree TKD 7 Merrill Road Freeport, ME 04032

### Color Belt Registration

Circle	Weapons	Forms	Point Sparring	Flag Sparring	
F/M		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	6 and under – all ranks
F/M		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	7, 8 and 9 - beginner
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	7, 8 and 9 – intermediate
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		7, 8 and 9 – advanced
F/M		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	10, 11 and 12 – beginner
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	10, 11 and 12 – intermediate
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		10, 11 and 12 – advanced
F/M		<input type="radio"/>	<input type="radio"/>		13, 14 and 15 – beginner
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		13, 14 and 15 – intermediate
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		13, 14 and 15 – advanced
F/M		<input type="radio"/>	<input type="radio"/>		16 and 17 – beginner
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		16 and 17 – intermediate
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		16 and 17 – advanced
F/M		<input type="radio"/>	<input type="radio"/>		18-34 – beginner
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		18-34 – intermediate
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		18-34 – advanced
F/M		<input type="radio"/>	<input type="radio"/>		35 and up – beginner
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		35 and up – intermediate
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		35 and up – advanced
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>		Special Needs

**NO SPECTATOR FEE**  
 SO BRING THE WHOLE FAMILY!

SMART Member   
IPPONE Member

### Black Belt Registration

Circle	Weapons	Forms	Point Sparring	
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	12 and under
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	13, 14, 15
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	16 and 17
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	18 to 34
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	35 to 44
F/M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	45 and over

Tournament directors reserve the right to consolidate, delete, add or otherwise modify any division.

I, the undersigned, hereby release Pine Tree Tae Kwon Do, RSU 5 Community Programs, Freeport High School, SMART and all persons associated with this event in any capacity, from liability due to injuries, etc., that I may incur as a result of my attendance and/or participation at the above specified event. It is further understood that any medical treatment I may receive at this tournament will be of the first aid type only. I waive any reimbursement for any pictures that may be taken of me for promotional use.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_ Signature of Parent/Guardian if under 18 \_\_\_\_\_ Date \_\_\_\_\_

# Pine Tree Championship

To all Martial Arts Instructors, their Students, Friends and Families,

It is our pleasure to cordially invite you to the 25th Annual Pine Tree Championship. We sincerely appreciate the support of all competitors; especially those affiliated with the SMART and IPPONE rating systems. Please join us for a day of fun, safe and fair competition.

Respectfully,

Pine Tree Tae Kwon Do

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Location: Freeport High School, 30 Holbrook Street, Freeport, ME

Date: September 9, 2023

Time: Registration: 7:30 am – 9:30 am

**Flag Sparring will start at 8:30 am, additional events start after opening ceremonies at 9:30am.**

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## Point Sparring Rules

3 Points Color Belt  
5 Points Black Belt  
One point per technique  
Only clean martial art technique will score

### Required Equipment:

Foam Dipped Headgear, foot and hand protectors, mouth guards. Males must wear groin protectors. No Hard soled Ring star shoes will be allowed.

## Flag Sparring Rules

1 Minute Time Limit  
Loss of flag every time you step on the boundary line or go out of bounds.  
No sliding or falling on the floor.  
No grabbing of arms, body, belt, etc.  
Only thing you are allowed to grab is the flag.

### Required Equipment:

Foam Dipped Headgear, mouth guards.

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**Weapons** - Only for Intermediate, Advanced, and Black Belt Competitors  
- No Weapons may touch the floor

As a sign of mutual respect, all competitors and judges must wear a uniform.

Grand Champion Divisions for Black Belts

For Mosts Schools

Beginner = white, yellow and orange belts  
Intermediate = green, blue and purple belts  
Advanced = red and brown belts

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Directions to Freeport High School:

295 - Take exit 20. Head toward town (Route 1 North). Go approximately 1 mile, Holbrook St will be on your left.

There will be Tournament signs along the way. If you need assistance, we can be reached the day of the tournament at 207-632-3178 (Jake)

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Call Freeport Merchants Association 207-865-1212 for local Bed and Breakfasts and hotels.