

# Denise Rouleau, Deborah Holley & Richie Bernard Present



## Vermont State Nationals

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# Saturday, September 29, 2018

## Bellows Fall Union High School Westminster, Vermont



**NEW Divisions Flag Sparring & Synchronized Kata Start time 8:30 am  
Weapons, Forms and Fighting to follow**

**Interstate 91 to Exit 5 to Route 5**

**Bellows Fall Union High School - 406 High School Road - Westminster, VT 05101**

**For more information contact :**

**Denise Rouleau at 802-257-0720 or [drouleau1@comcast.net](mailto:drouleau1@comcast.net)**



# Vermont State Nationals – Saturday, Sept. 29, 2018 – www.vtstatenationals.com

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

Martial Art School \_\_\_\_\_ Instructor \_\_\_\_\_

## UNDER BLACK BELTS DIVISIONS

**Pre- Registration Cost: \$55 for 3 Events \$5 each additional Event (by Sept 21<sup>st</sup>)**

**Door Registration \$65 for 3 Events \$10 each additional Event (Cash ONLY)**

**CHECKS PAYABLE TO: Deborah Holley – SEND TO: 29 Deepwood Drive, Brattleboro, VT 05301**

**Age Groups for under belts – 6 yrs & younger all ranks – 7-8 yrs – 9-10 yrs – 11-12 yrs – 13-14 yrs – 15-17 yrs**

**Adult Age Groups for under belts – 18-34 yrs – 35 yrs & Up**

### **Under Belt Rank**

- Male
- Female

- Novice (white, orange, yellow)
- Intermediate. (blue, purple, green)
- Advance (red, brown)

### **Events (Please check all you are participating In)**

- Weapons (Intermediate & Advanced Only)
- Kata
- Point Fighting
- Flag Sparring (12 & younger, Novice, Intermediate only)
- Synchronized Kata (2 or more people, any ages, any rank)
- Check Here for Special Needs Divisions

## BLACK BELT DIVISIONS

**Pre- Registration Cost: \$55 for 3 Events \$5 each additional Event (by Sept 21<sup>st</sup>)**

**Door Registration \$65 for 3 Events \$10 each additional Event (Cash ONLY)**

**CHECKS PAYABLE TO: Deborah Holley – SEND TO: 29 Deepwood Drive, Brattleboro, VT 05301**

**Age Groups for all Jr. Black Belt Divisions – 12 yrs & Under – 13-14 yrs – 15-17 yrs**

**Adult Black Belt Age Groups – 18-29 yrs – 30-39 yrs – 40-49 yrs (Traditional Only) – 50 yrs & over (Traditional Only)**

### **Events (Please check all you are participating In)**

- Male
- Female

- Traditional Weapons
- Traditional Kata
- Point Fighting
- Open Weapons
- Open Kata
- Synchronized Kata (2 or more people, any ages)

**Spectator Fee to be paid at door, Cash Only: (\$10 13 yrs-Adults) (\$8 6-12 yrs) (\$6 Senior Citizens 60+) (5 & younger Free)**

I, the undersigned, hereby release Denise Rouleau, Deborah Holley, Rouleau-Holley's Tae Kwon Do, Inc., Richard Bernard, Shidokan USA, The Vermont State Nationals, Bellows Falls Union High School, Ippone, Twin State Martial Arts Assoc. and all persons associated with this event in any capacity from liability or from being sued due to injuries, etc that may incur as a result of my attendance as a participant, spectator or judge at the Vermont State Nationals. Furthermore, I hereby waive any compensation whatsoever for the use of my pictures, movies, media coverage, etc., utilized by those associated with this event at any time.

Signature \_\_\_\_\_ Parent/Guardian (if under 18) \_\_\_\_\_

**– NO CHECKS DAY OF EVENT –**

**Vermont State Nationals – Sept 29, 2018 – www.vtstatenationals.com**

**Door Registration** – Opens at 7:30 a.m. – Closes at 10:00 a.m.

**Cost at Door to Register** - \$65.00 for 3 divisions each additional division \$10.00

**NO Checks at Door Day of Event – Cash ONLY**

**Pre-Registration** – Opens at 7:30 a.m. – Closes at 10:00 a.m.

**Cost to Pre-Register by Mail** - \$55.00 for 3 divisions each additional division \$5.00

**Checks to:** Deborah Holley – Mail to: 29 Deepwood Drive, Brattleboro, VT 05301

**Pre-Registration due by – Sept 21, 2018**

**Spectator Fee Paid at Door Day of Event Cash Only** – (\$10 13 yrs-Adults) (\$8 12-6 yrs) (\$6 Senior Citizens 60+) (5 & younger Free)

**Mandatory Equipment** – Foam Headgear, boots, gloves, mouth guards and groin protection is required. Ring star shoes are allowed in BLACK BELT DIVISIONS ONLY – NO ring star shoes will be allowed in under black belt divisions.

**Light helmet contact in all divisions** – NO face contact – see our website for more details on rules [www.vtstatenationals.com](http://www.vtstatenationals.com)

**Adult & Jr. Black Belt Divisions ONLY** will offer Traditional & Open divisions for Weapons and Kata for black belts 39 yrs & younger. 40 yrs and older will offer only Traditional Weapons and Kata

**Open Kata** – Anything non-traditional – cartwheels, flips, aerials, flash kicks, 540 kicks

**Open Weapons** – Anything non-traditional – If your weapon leaves your hand in any manner such as tosses, throws it is considered Open Weapons.

**Grand Championships** - Jr. Black Belt Weapons Grands

Jr. Black Belt Kata Grands

Women's Black Belt Weapons Grands

Women's Black Belt Kata Grands

Women's Black Belt Fighting Grands

Men's Black Belt Weapons Grands

Men's Black Belt Kata Grands

Men's Black Belt Fighting Grands

**LOCAL HOTELS IN BRATTLEBORO, VT (20 Minutes from Tournament)**

Holiday Inn Express 802-257-2400 - Comfort Inn & Suites 802-579-1344 – Hampton Inn 802-254-5700

**Tournament Location** – Bellows Falls Union High School – 406 High School Rd – Westminster, VT 05101

We are located 1 ¾ hours from Worcester, MA – 2 hours from Albany, NY – 4 hours from New York City – 2 ¾ hours from Rhode Island – 1 ¾ hour from Hartford, CT – 4 hours from Syracuse, NY – 2 ½ hours from Canada – 3 hours from Freeport, ME

Please visit our website [www.vtstatenationals.com](http://www.vtstatenationals.com) for more info or email at [drouleau1@comcast.net](mailto:drouleau1@comcast.net) call us at 802-257-0720

**Photography by: Central Maine Photography and Video**

**Big Thank You to Our Sponsors**

**Century – Burnt Tear**

**Whistlekick Martial Arts Gear & Apparel - Members 1<sup>st</sup> CU – Edward Jones – Razorbill Designs  
Mainely Engraving – Allstate**